

Find out more!

You are welcome to spend a morning or an afternoon with us to see if it is what you are looking for.



Target



A Non-accredited Life Skills Course
associated with
Progression to Independence (PTI)
based at Sheffield Mencap

You can give us a call on: **0114 2767757**
Ask for the Co-ordinator *or leave a message on*
0114 289 4271 *and we will call you back!*
or you can email on: lynneward@sheffieldmencap.org.uk
or visit our website: www.sheffieldmencap.org.uk



Learn New Skills
Be more Independent
Have fun!

What is 'Target'?

Target is an individualised course, associated with PTI at Sheffield Mencap, that helps people with a learning disability develop life and social skills to be more independent at home and in the community.

How do we do it?

Students and their support decide what skills they want to learn. They can then choose from a range of core and hobby skills



What sort of

things can you do?

You can decide what is best for you, for example..

- Looking after Home
- Cooking
- Computers
- Being Safe
- Travelling
- Looking after Myself
- Money
- Relationships



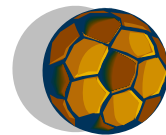
You can also choose to learn about a hobby, like..

- Photography
- Pottery
- Sport
- Gardening
- Drama
- Making videos
- Art
- Modelling

And lots more...



You can even choose sport or relaxation.



Fully qualified tutors



It's not just about learning. You can meet new people, make friends, enjoy trips out and have lots of **FUN!**



How long is 'Target'?

The course is on Monday and Tuesday 9.30—4.30, September to July. Students generally come both days and attend all the sessions (unless you are ill).



Changing Places

The building is fully accessible and has a changing places toilet

What does it cost?

It will cost £40 a day if you pay at least a term in advance, or £42.50 if paid monthly in advance (or £50 per day for an accredited course)

Accredited Courses

PTI also offers a range of accredited Life Skills and Skills for Working Life courses in partnership with Rotherham College.

